### **SAVINGS OPTIONS**

- Traditional savings account
- High-yield savings account
- Certificate of deposit (CD)
- Money market account
- US Treasury Bond

# RETIREMENT & INVESTING OPTIONS

- 401(k) or 403(b) plan
- Individual retirement arrangement (IRA), Roth IRA, SEP IRA, SIMPLE IRA
- 529 Plan
- Stocks
- Bonds
- Mutual funds
- Index funds

- Exchangetraded funds (EFTs)
- Annuities
- Real estate
- Cryptocurrency

#### NOTES

### **CONTACT US**

IF YOU HAVE QUESTIONS OR NEED ANY RESOURCES





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SAVINGS & INVESTING

### TRUTH OR MYTH

You should always save for retirement before putting money aside for anything else. **Myth** - You should fund your emergency savings first, but if possible, try to contribute some money to all three savings areas each month.

It's recommended to save about 10-20% of your paychecks.

**Truth** - This money can go towards short-, medium-, and long-term savings. If you cannot save this much of your paycheck, start with something smaller just to get in the habit.

Even if you can't invest a lot of money, the most important thing is to start early.

**Truth** - Allowing your money more time to grow is crucial because of the power of compound interest.

**Predicting the highs and lows** of the market is easy and can help ensure your account will never lose money.

**Myth** - Timing the market is extremely difficult, so it's often a better strategy to be patient, stay the course, and build a diversified portfolio for long-term investing success.

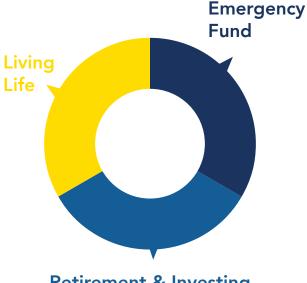
You should keep most of your emergency savings in your home so you can easily access the money.

Myth - It's ideal to always have some cash with you but if there's a fire, flood, theft, etc., your funds won't be protected at home. Keep your savings in a nearby credit union or bank where there's federal insurance to keep your funds secure.

With investing, you should diversify your portfolio to reduce risk.

**Truth** - Diversification involves investing in many different securities and types of assets. Financial experts often recommend a diversified portfolio because it reduces risk without sacrificing much in the way of returns.

## A PLAN FOR **SAVINGS SUCCESS**



**Retirement & Investing** 

#### **Emergency Fund**

This money should be in an easily accessible savings account to help pay for sudden and unexpected expenses such as major repairs, medical issues, insurance deductibles, or a loss of income. Start by saving one month of essential living expenses including rent, transportation, food, and utilities. Longer term, the goal should be to have at least 3-6 months of living expenses saved.

#### **Living Life**

Commit to regular deposits into a savings account for expenses such as vacations, home improvements, holidays, gifts, and other activities that reflect your values.

#### **Retirement & Investing -Pay Yourself First!**

- Start early let the power of compound interest help you build wealth
- Participate in your 401(k)/403(b) plan at work and always contribute at least enough to receive the full company match
- Use (traditional or Roth) Individual Retirement Accounts as appropriate
- Stay diversified and make sure your investments align with your age and risk tolerance